## BACH Cavaletti Clinic and Seminar Oct 18, 2025 with Lauren Fisher

The Brazos Association for Classical Horsemanship (BACH) is hosting a cavaletti clinic & seminar with Lauren Fisher, Dark Horse Dressage, USDF Bronze and Silver medalist.

Are you looking for an affordable way to learn how to integrate cavaletti exercises into your training? If so, please consider joining us for a one-day, auditor-oriented cavaletti seminar in College Station, Texas, with USDF Bronze and Silver Medalist Lauren Fisher.

This event is hosted by the Brazos Association for Classical Horsemanship (BACH). Participation costs for riders and auditors are greatly reduced through grants provided by The Dressage Foundation's Violet M. Hopkins Fund and the Region 9 Adult Education Fund.

About the Clinician: Lauren Fisher, USDF Bronze and Silver Medalist, is the owner of Dark Horse Dressage in Dallas. She spent many years training under the tutelage of Conrad Schumacher whose system deeply influenced her approach to cavaletti work

Together with Konrad, she primarily utilized cavaletti exercizes as a way to gymnasticize the young horses, but also found it fun to alter the structure of the exercises to school more educated horses. During her years as a professional trainer on the East Coast, she worked extensively with young and developing horses across the country, incorporating cavaletti into their programs as both cross-training and a core tool for building strength and engagement. She has refined her approach to progressive cavaletti exercises for horses and riders through studying and auditing the methods of Ingrid Klimke. These exercises focus on improving the horse's rhythm, suppleness and strength, while keeping the work engaging and building the confidence of horse and rider.

What to Expect: The event includes multiple sessions with riders, and two short lectures. Each semi-private session will last for approximately 45 minutes, and be followed by a Q&A session with auditors. Auditors will have plenty of opportunity to ask questions during the Q&A sessions. Auditors and riders will also benefit from an introductory lecture on the use of cavalettis and a lunch break lecture that expands on how different cavaletti exercises can be used to address specific training issues. BACH will provide a light breakfast, lunch, and drinks to all participants. Auditors should bring their own folding chair.

About the Facility: Topsider Farm is located in College Station, Texas. The rider fee includes the use of a day stall and shavings. Overnight stalling is available at an extra cost.

Who Can Ride in This Event: Riders and horses of all levels of dressage training, from introductory to FEI. Eventers of all levels are also welcome to participate. Riders/horses will be paired with another rider/horse pair working at a comparable level.

The event will take place on Saturday, October 18th at <u>Topsider Farm</u> (6809 Stousland Road, College Station, 77845)

## Cost:

BACH Members - \$70 per horse/rider pair (includes lunch and day stall)

Non-Members - \$90 per horse/rider pair (includes 2025 Friends of BACH membership, lunch, and day stall)

\$30 overnight stall (optional / additional cost)

Audit - \$10 per person

Audit Under 8 - free

Registration Link: tx.ag/BACHcavaletti

\*BACH recognizes reduced clinic costs are due to generous support received from the USDF Region 9 Education Grant and The Dressage Foundation. In addition, this event is possible through in-kind donations received from Topsider Farm and Murdoch's.

When: Saturday, October 18th (time and pairs assigned)

Where: Topsider Farm (6809 Stousland Road, College Station, TX) https://www.topsiderfarm.com/

**Payment:** Required at time of registration

**Coggins:** Current Coggins required to participate and can be uploaded in registration or emailed to <a href="mailto:bachdressagebcs@gmail.com">bachdressagebcs@gmail.com</a> with horse/rider pair in subject line.

Note: Clinic spots are filled on a first-come, first-served basis. Two riders will be assigned to each session. Information from the registration will be used to pair riders.

Cancellation Policy: Payment due at time of registration. If spots are filled, an alternate list will be generated. If you cancel for any reason, full payment will be refunded only if your spot is filled by another rider and/or a minimum of 12 rider/horse combinations are received.

Deadline for entries: October 3rd or until filled.

Questions: Email bachdressagebcs@gmail.com