

Cavaletti Clinic with Lauren Fisher – October 18, 2025

A very organized, very well-thought-out seminar sponsored by BACH, hosted by Topsider Farms and taught by Lauren Fisher of Dark Horse Dressage took place October 18, 2025. A big thank-you to Tessa Guerra and Shawna Fletcher, club organizers and McKenzie Mull, Topsider owner for a seamless seminar including 12 riders and horses. To make this seminar happen, USDF Region 9 and US Dressage Foundation, provided grant monies obtained by BACH president Cynthia Werner. Without these monies, it is likely not as many riders would have been able to attend. McKenzie Mull donated the use of her wonderful facilities. Thanks to all this generosity, BACH was able to put on a high-quality but affordable event in our area.

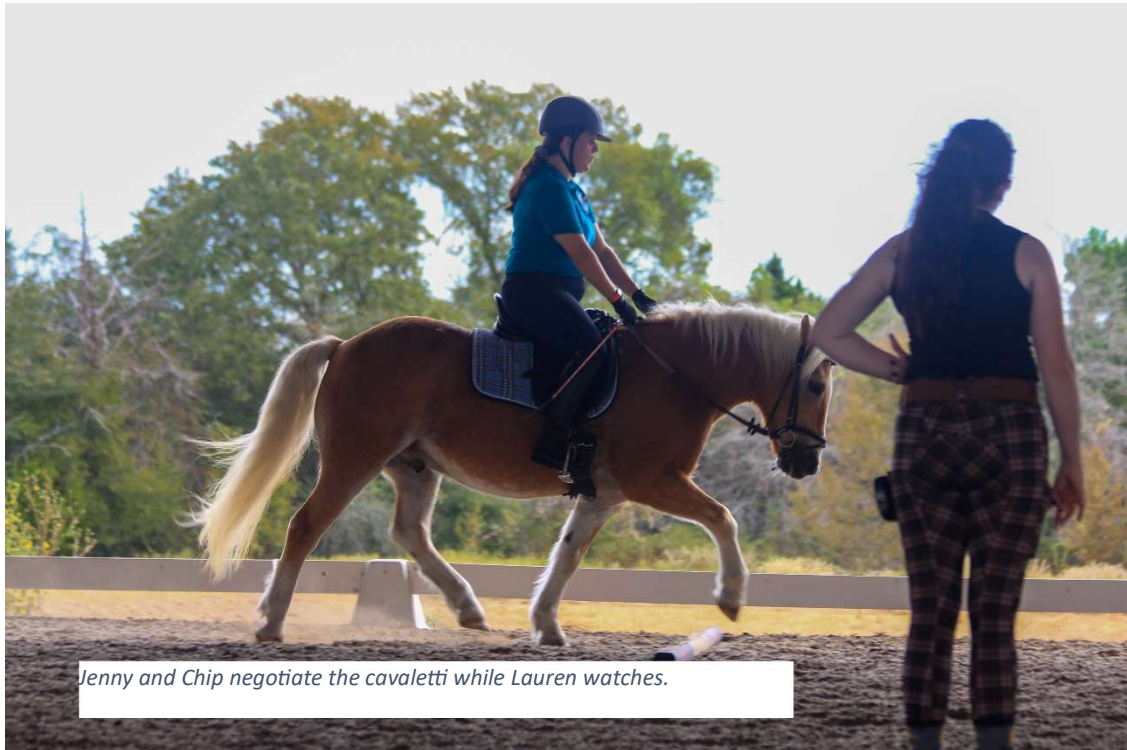


Auditors at Topsider Farm covered arena watch the seminar.



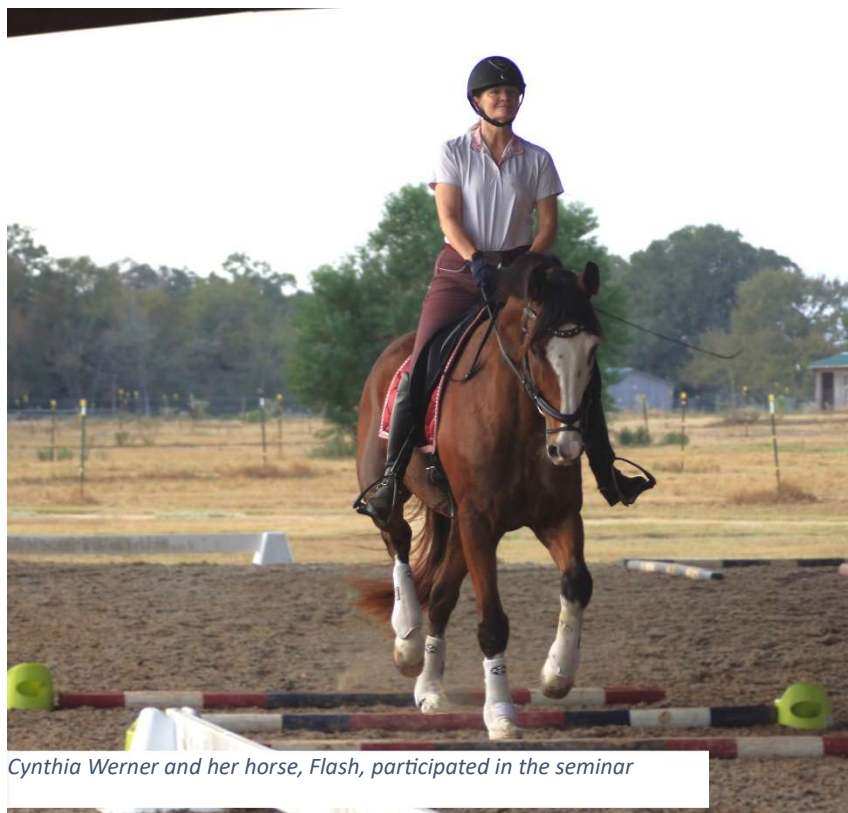
Lauren instructs a rider to the cavaletti

Lauren did a great job teaching semi-private lessons where horses came in slightly different sizes and riders with different levels of experience. She remained kind and enthusiastic throughout the day.



Jenny and Chip negotiate the cavaletti while Lauren watches.

Lauren's experience with teaching using cavaletti developed when she returned to Texas as a Silver Medalist and realized that very few riders used them but everyone enjoyed them.



Cynthia Werner and her horse, Flash, participated in the seminar

At lunch time, Lauren gave a lecture with slides depicting different cavaletti setups for different purposes: to help horses with proprioception, to quicken pokey ponies or to calm the overacheivers.



From the left, Shawna Fletcher, BACH Treasurer, Cynthia Werner, BACH President, Lauren Fisher, Clinician, McKenzie Mull Topsider Farms, Tessa Guerra, BACH Activities Chair